NEW - BASI LEVEL 2 3 WEEK PROGRAM 2024

A CONCISE PACK OF WHAT YOU NEED TO KNOW FOR OUR BASI 3 WEEK LEVEL 2 IN ARINSAL, ANDORRA



WELCOME

OUR PROGRAM

Snowsports Coach is a sister company of Snowboard Coach who have been delivering BASI training and exams for 20 years - nine winters ago we started a small selection of courses that offer our great value Instructor training programs to our ever arowina ski clients.

The course is ideal for people who cannot attend our season long Level 2 course due to work or other commitments and for those who feel ready for the BASI Level 2 but want the extra week of input and training prior to the exam.

WHERE IS THE COURSE?

All of our winter courses take place in Arinsal & Pal region in Andorra. Andorra has been a popular instructor destination since the mid 90's and has always catered for skiers and snowboarders.

Andorra retains a duty free tax status so is great value for money meaning you can go out and enjoy yourself without breaking the bank. We have written a resort guide for Ski and Board magazine so please email us if you would like a copy of

WHO CAN ATTEND?

The course is open to all Level 1 qualified instructors. You will need to have your level 1 license BEFORE arriving in resort. You also need to have the extra 35 hours on top of the first 35 vou did to get the level 1 license. In short this means that you have at least 70 logged teaching hours at the BASI office prior to attending this short course.

You will also have to have paid your BASI subscriptions for the season 22/23 which are paid in October every year.

WHAT'S IT GOING TO COST?

As ever we are keeping it as cost effective as possible so that becoming a BASI Level 2 Ski instructor isn't going to cost you a small fortune.

The cost of our 3 week program for 2024 is



WHAT'S IN IT

WHAT DOES THIS INCLUDE?

Our package for the 2024 season will include the following:

- All in resort accommodation costs (shared room).
- All you can eat breakfast each morning for the duration.
- FREE Half Board Package for duration so that's a 3 course evening meal each night.
- Airport transfers on the specified start and finish dates.
- Lift pass for the full duration.
- 4 x 3 hour sessions of pre exam training in a small group.
- TIED model and teaching pre exam session
- BASI Alpine level 2 Exam fee.
- Mountain shadowing experience in your spare time.
- Employment opportunities for future seasons at the mountain snow school
- Discount on Ski and Snowboard equipment from our • sponsors of up to 30% prior to the course.
- Wristband giving you "locals" discount in our favourite bars and cafes in resort.

The Snowsports/Snowboard Coach crew will also be on hand as we spend the whole winter in resort. We will be around for advice or to chat about any issues you feel you need to talk to us about.

followina:

- Flights
- Other Food and drinks (ie up the mountain during the day) Travel Insurance
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WHAT'S NOT INCLUDED:

The cost for the 3 week level 2 DOES NOT include the

- NEW: Tourist Tax that HAS TO be paid direct to the hotel -For your stay will cost approx £15 per person.

 - Spending money
- Laundry service (payable extra locally if required)



INFORMATION

START & FINISH DATES:

The dates for our 3 week course are as follows and flights should be booked for the following:

ARRIVAL: DEPARTURE:

Sunday 25th February 2024 Saturday 16th March 2024

AIRPORT TRANSFERS:

These are included in the price on the specified arrival and departure days. Extra charges will be in place should you not be arriving and departing on the above days.

More information regarding the transfers will be supplied when booking onto the program.

Transfer time to Andorra is around 3.5 hours.

FLIGHTS:

Barcelona El Prat is the easiest airport for Andorra. There are many airlines from all over the UK that fly there.

Other airports can be accommodated by prior arrangement such as Toulouse, but we always recommend Barcelona.

We recommend landing in Barcelona (or your respective airport) no later than 2pm in the afternoon. This means that with the transfer times taken into account, you get into resort early evening and have plenty of time for a drink and a bite to eat on the first night.

The same will go for return flights back to the UK. A later departure in the afternoon means you don't have to leave Arinsal too early.

Again more information regarding flight times will be sent to you upon booking onto the program.

LIFT PASSES:

All lift passes are valid for every day of the 3 weeks course including weekends. They are valid for the Arinsal & Pal region where your exams will take place.

Your lift pass will be waiting for you when you arrive.

Once you have your lift pass it is your responsibility and Snowsports Coach cannot be held responsible for extra charges incurred due to loss of lift passes.

MONEY IN RESORT:

There are plenty of cash points in and around town, but be aware that your bank may charge you for withdrawing money. Credit cards are widely used in town but cash is always preferred in the local bars.

There is no actual bank facility to physically change money in Arinsal.

If you intend to bring cash please change this in the UK prior to coming out.

* PLEASE NOTE: The currency in Andorra is still the EURO *



OUR WRISTBANDS

OUR "LOCAL" WRISTBAND:

Over the past few seasons we have had other people not on our courses trying to get our special discount in bars and cafes in town and up the mountain. Because of this we introduced our own Wristband. Yes we know it says Snowboard Coach, but it works ;)

Our wristband tells all the bar staff in our favourite places that you are with us and that you get locals seasonaires price straight away. Some of these places even offer us better prices, that even the locals don't get

We are just trying to make you feel part of the great local scene here in Arinsal from day one.

The idea sounds cheesy but it works!

It also saves you guys asking about discount - as soon as the staff see it they will know.

The band itself is fully waterproof and shower proof so will easily last for the 3 weeks.

This band is only available for you and for what you buy. It wont cover any other friends and family that travel separately ie not with us. That's why everyone on our courses get this band and no-one else.





These guys look after us all winter and offer special Snowboard/Snowsports Coach only discount on to all our clients. They are our favourite mountain cafe in Arinsal. We eat there every day as its too cheap not to. With our wristband you will too Here is what we get:

BREAKFAST SNACKS 3/3.50 EURO:

Croissant & Coffee

POLAR BAR:

Nepolitana/Pan Raisin & Coffee

PLATE/PASTA OF THE DAY FOR 7.90 EURO:

Main meal (with Pasta option) and soft drink/coffee

SANDWICH CHOICE FOR ONLY 6.90 EURO:

- Bacon/Cheese/French omelette "Bocadillo"
- Coffee or soft drink

Anything else on the menu vou will get a discount of 20% should you not wish to take these specials.

The Polar bar is located up the mountain on the middle floor of the complex when you get off the gondola and is where we start and finish most days.



CISCO'S BAR: A favourite of ours over the years of being here. They do us an amazing deals ALL THE TIME. Free nachos and chili in Apres ski as well.

EL MOLI: Specials during apres, local prices on all drinks.

FUGAZZETA: Our local coffee and chilled bar run by our good friend Joaquin. Llocal prices on all drinks and 10% of all food too

DERBY DELI & IRISH PUB: A fast take away style deli up the hill that gives us great discounts on food - plus local prices on all drinks in the bar in the village.

360 EATERY & BAR: Burger and a beer deals, steak and beer deals and local prices on all drinks.

EL CABIN: Local prices on all drinks in the bar.

A full list of discounts will be emailed prior to the course.







WHAT'S THE ACCOMMODATION LIKE?

Everyone is located in the same Hotel in Arinsal, a short 5/6 min walk to the main gondola. The rooms are a mix of twin and triples. We do endeavour to keep 2 to a room where we can, but be prepared to be in a triple room depending on course numbers.

EVERY room is en-suite and has TV and coffee/tea making facilities. Bedrooms have under bed storage and wardrobes. Being honest the only time you will spend in the bedroom is when you're sleeping!

The hotel has a nice bar and lounge area for a coffee in the afternoon and a beer in the evenings. Wi-Fi is available throughout the hotel and in your rooms.

BREAKFAST: We have a breakfast buffet every morning INCLUDED as part of the course fee. Please don't steal any items to take up the hill, it makes the hotel a bit angry and with our discount wristband we can have a plate of the day and a drink for under 7 Euro or even a 3 course meal for 11 Euro.

3 COURSE EVENING MEAL (FREE HB UPGRAGE)

For our 3 week course we are also including a 3 course eveing meal every night. This saves the added hassle of trying to eat out during what is a very hectic 3 weeks.

This is included in the course fee at no extra cost.

BILLS:

All bills are obviously included. As winter people using the mountain we should be concerned about global warming and energy saving. Simple things like turning the lighting off when you go out will make a big difference.

SHEETS, CLEANING & WASHING: Bed sheets and towels are obviously provided and will be changed every few days. It does not include a personal laundry service. But you can pay to have all you washing done at a local laundrette.

DAMAGE: Any damages, major cleaning, breakages etc, will be billed at the cost to put right and this will be split between everyone in the room.











TRAINING SCHEDULE

During the Sunday evening arrival, you can unpack and relax. We will have a course debrief and a Q&A session on the Monday morning up the hill - just so everyone knows the program for the 3 weeks. Below is our ideal itinerary. Please note the actual Level 2 exam is now 8 days long from the original 10 days. Shorter time = harder work, so be prepared.

WEEK 1: PERFORMANCE COURSE - MON TO FRIDAY

We will be working either within our own group or with the candidates training with us on the season course. There will be 4x3 hour training sessions during the week as well as a TIED model/teaching lecture towards the end of the week.

The idea behind this week is to re-affirm the fundamental's learned on the Level 1 Instructor Course and how it all applies to the mountain. It includes coaching on piste performance, steep slopes and variable snow and off-piste.

You then have a weekend of practice and free time...

WEEKS 2 & 3: BASI LEVEL 2 EXAM

An extra free ski on the Monday to get your legs and brain into exam mode. Then Tuesday to Friday will be the first part of the Level 2 exam.

You will have a weekend off in between to take some practice time, but also take some well earned rest so that you are ready for the final 4 days in week 3 (Monday to Thursday)

Friday will be a free (recovery) day and Saturday will see you leaving Arinsal back to the airport.

PAYMENT SCHEDULE

A deposit of \pounds 1,000 is needed to secure a place on our program. This is paid via BACS/Internet direct to our Andorran account.

- The balance is then payable by the 30th November 2023
- Anyone booking in September/October 2023 will need a £1,500 deposit. Then the balance settled no later than 15th December 2023.
- Anyone booking in or after December 2023 will need to pay the course fee in full.

This schedule is in place because we have to arrange and allocate accommodation as much as we can prior to the start of the season.

Please note that the Level 2 course was fully booked by November last winter so spaces are on a first come first served basis.

TRAIN HARD, SKI HARDER

This 3 week option isn't the easy way to pass. If you haven't had a lot of mountain time then maybe consider our longer season course. If you are pressed for time and can't do the longer course, then prepare as much as you can in the UK and then use the week prior with us to train hard and ski hard.

PLEASE NOTE: The course is not a guaranteed pass.

OUR ETHOS:

Our ethos is about flow and output ie what the ski is doing. This depends on the snow we are riding and the task at hand. It's not, do this and do that - we don't spoon feed you on the Level 2 course. As you become more aware of your skiing, you will need to become more aware of how you personally use the fundamentals that you are being taught. The more aware you are of this, the nicer your skiing will feel and the better skier you will become. 'Skiing shouldn't be black and white'

Of course we are going to tell you what you need to fix and give you exercises to improve these weak areas, but part of the course is you figuring out and feeling what works best for you from the information that we give you. How much fore, how low to ski, how high to ski. We can't tell you this, you need to feel this. You will notice the way your coaches ski, we all use the same fundamentals of skiing but in varying amounts, yet the outcome - the skiing - looks smooth and flowing. This is what we want to teach you.

EVERYBODY is different, we bend, move, stand and sit in many different ways and you will find that you may use a different fundamental more or maybe less than somebody else.

During the exams the trainers will continue to push your skiing and may use new exercises and drills that you not have done, using different explanations of the same fundamentals....Its all about the above - making YOU think and FEEL more - "What suits me the best?"

This course is not only about preparing you to take the exams but to train you to be responsible for yourself and prepare you for the role of a developing Instructor in seasons to come.





Over the years of doing these course we have developed a great coaching family and we all keep in contact with many of our previous candidates, many of them are now living and teaching all over the world. We have included some feedback from the guys to help you make your mind up.



Having been fortunate enough to have visited ski resorts around the world. have found myself continuing to return to Arinsal, thus making it my first choice of resorts to do a season, train and take my Basi Alpine level 2 exam.

Arinsal is a great resort - great pistes, fantastic off piste and apres to match and an atmosphere akin to a genuinely friendly mountain town - none of the pomp and pageantry that is associated with some of the better known resorts

Being able to train in an environment that was challenging in terms of conditions and terrain, and then be able to kick back with a great supportive team at the end - was second to none.

If you are looking for top class instruction, to meet like minded people both on and off the slope, and to come away with a gualification and a great new snow family - then look no further than Ash and Snowsports Coach in Arinsal. I'll certainly be back next season doing more BASI qualifications



I decided to go for my BASI Level 2 ski exam in Arinsal and can safely say it was one of the best decisions I have made

The whole process from booking on, to arriving in Arinsal for my first time, to sitting a two week exam was simple with Ash's help. The training I received was incredible, and took me from being a pretty bog standard skier to someone who was fully ready to sit their level 2 in a matter of weeks.

Arinsal is an amazing resort, especially for your first season, it's full of fantastic people, has a fab apres scene and having 2 mountains to ski is a real bonus. I had an amazing three months, met some awesome people and gained a new qualification.

Olivia Wells

YOUR RESPONSIBILITIES

We ask every candidate to be professional and respectful at all times not only to your trainers but also to your peers - the people you will be living/sharing with for the duration. Understanding other people's needs and being able to manage them as a team is a big part of being an instructor. You will also get to know a lot of people in Arinsal and will be known as part of the local crew. It's a small friendly town so creating the right impression is paramount. Remember we are not just looking at you're skiing skills but also how you would represent BASI as a working instructor in a resort environment.

The courses are not to be taken lightly and you will be pushed hard with your skiing and your ski teaching but you will learn loads of things that you would never even think of and WILL ski the mountain better than you ever have done

The course is not a guaranteed pass. We will give you all the tools and feedback you will need to pass the course and the video feedback sessions will be invaluable. We are not in control of how much effort you put it...that bit is up to you. We encourage you to use the time in resort wisely. The more you practice around our training program and take charge of your own skiing and learning the more chance you have of success

A BIT MORE ABOUT US

Snowsports Coach is a sister company of Snowboard Coach. It was started to offer the same high end training to our ever growing ski clients who are looking for a cost effective program for obtaining their Instructor Qualifications.

Together we hold the highest accreditation from the ISIA which is the worldwide governing body for snowsport instructors. We are also trainers/assessors which means we also have extensive experience in training instructors - this is crucial and different to teaching recreational skiing. This is why you are training with us.

This isn't to show off or trying to prove how good we are, it's to assure you that you are in good hands and are getting what you pay for. Teaching is our full time and year round profession.

A MESSAGE FROM ASH OWNER OF SNOWSPORTS COACH

We are really excited with our ski programs. This is our sixth season for our 3 week course and is one of the most cost effective training programs out there.

At the end of the day it's all about enjoying what we do and I wouldn't be here today if I didn't. I've spent 30 years of my life involved in Snowsports and 25 years teaching this sport that I love. I've been an examiner for BASI for 20 years so we know how to get you ready for an exam....

Thanks for enquiring about the Level 2 Training Program, We hope you can join us out in Arinsal and look forward to seeing you next winter.

WE ARE AN APPROVED BASI PARTNER

We were one of the first company's to be accredited as a FULLY APPROVED BASI PARTNER.

This is a new accreditation that BASI are only issuing to approved companies with a proven track record of delivering a quality BASI product.

This means that we have been through a rigourous quality control process assessing everything from our training and delivery methods to our course structure and organisation. We have surpassed all these stringent controls with flying colours. We have worked hard to achieve this and are proud to carry this accreditation.

When looking for an instructor course package this is the accreditation you need to look out for to ensure you are getting the training you expect.



Snowboard Coach and Snowsport has earned the highest levels attainable from the following Worldwide Snowsports Governing bodies:





And is sponsored by:



Please read our terms and conditions on the following page...









BUILT TO LAST





TERMS AND CONDITIONS

Snowboard/Snowsports Coach are trading names under All Mountain Training SLU - an Andorran registered company from herein refered to as "Us" and "We". You will be referred to as the "client". All applicable under Andorran Law.

Terms and Conditions for our 3 Week Programme

1. You the client must be safe and medically sound to travel and to be in a winter resort and have appropriate insurance cover for Andorra. We will not accept any clients travelling against medical advice and you must state this in the booking form you receive from Us. We can not be held responsible for any costs/loss/damages incurred for failure to declare this.

2. The clientmust also have fulfilled all of the course prerequisites as detailed in our course info pack.

3. The application will only be accepted and secured provided:
a) The application is accompanied by a £1,000 non-refundable /transferable initial deposit with the BASI course fee paid direct.
b) The booking confirmation is signed and returned.
c) The client unconditionally accepts these terms and conditions of booking when confirming via email that a place on the course is required.

4. The remaining balance of the course fee must be received in full by Us by 30th November 2023 except when:

- Clients enrolling in September, October or November 2023 will be required to pay a £1500 deposit and the full balance to be settled by 15th December 2023.
- Clients enrolling after December 2023 will need to pay the course fee in full at the time of booking.

5. If payments are not made within 7 days of these deadlines then We reserve the right to re-allocate your place without refund.

6. All changes to bookings must be received in writing by email or letter.

7. All clients must be insured for our courses. We advise every client to buy insurance AS SOON AS YOU CONFIRM YOUR BOOKING WITH US. Please do not wait until the week before you travel.

8. Cancellation – in the event of cancellation by the client neither the deposit or any subsequent instalments that have been paid are refundable or transferable.

9. We strongly recommend that all clients embarking upon ANY of our courses take appropriate insurance which covers both cancellation and curtailment and course reimbursement/cover.

10. Proof of insurance or similar will be required prior to attending the course.

11. We will refund appropriate monies (pro rata) if the decision is made by Us to cancel all or part of the training program.

12. No monies will be refunded by Us in the event of an injury sustained whilst participating in ANY of our courses, where injury leads to missed sessions, curtailment of the course; then in this instance it is necessary to make an insurance claim. We will provide the necessary receipts.

13. If the venue of the course is adversely affected by snow, weather, force majeure or any other circumstances beyond our control that cause cancellation of any/all parts of our course and package offered - NO REFUND WILL BE GIVEN. Again We insist on a suitable insurance policy as detailed in point 7.

14. In the event of the above in paragraph 13: You, the client, agree that We cannot be held responsible for refunds.

15. Any student found under the influence of alcohol or drugs during course contact time (ie a training session) will be removed from the course immediately with no refund given.

15a. We also reserve the right to refuse training to any client who, in the opinion of Us is unsuitable for snowsport Instructor training.

16. In the event that you, the client, is refused training on the basis of paragraph 12, 13,15 & 15a no monies will be refunded.

17.In the event of any arrest or infraction between the client with the local Police in relation to drink, drugs or ANY circumstance that see's YOU the client arrested/detained or removed from the country. We will not be held responsible. We will stand by the decision of the enforcing agency. Again no monies will be refunded.

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18. In the event of point 17; Our limited responsibility is to ensure that the client is given contact with the British Embassy.

19. You, the client, agree that except for death or personal injury arising through the negligence of Us, We shall not be liable for any loss or damage arising whether in respect of death, bodily injury, illness suffered or contracted, loss, costs, damages or expenses incurred.

20. It is the individual clients responsibility to ensure that all accommodation, transport and any other facilities provided or organised by Us, are treated with respect and appropriate consideration as if their own.

21. We will not be responsible for any damage caused by a client. You, the client, will be held liable for any costs incurred in such a way and will agree to settle any costs immediately to 'make good' any and all damage caused.

22. As an applicant to be a client on a course or package organised by Us and BASI, whether applying by telephone, email or letter you agree to abide by these conditions when confirming your booking with us, regardless of whether you have signed and returned the requested booking form.



FOR MORE INFO ON SNOWSPORTS COACH VISIT



OWSPORTSCOACH